

**USD 484 - Fredonia Schools
2016-2017
Lunch Menu**


• Items available @ All buildings/ ✓ Items available @ Lincoln Only/ Δ Items available @ HS Only

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 16, 2017 <div style="font-size: 2em; color: purple; text-align: center; font-weight: bold;">No School Today</div>	January 17, 2017 ✓ Cheese Stick • Chili Soup Grilled Chicken • Salad • Fresh Veggies • Fresh Fruit • Cinnamon Roll • Peaches • Milk	January 18, 2017 ✓ Cheese Stick ~ ✓ Crackers • Pig In A Blanket Turkey & Cheese Hoagie • Tri Tator • Coleslaw • Baked Beans • Salad • Fresh Veggies • Fresh Fruit • Applesauce Δ Muffin • Milk	January 19, 2017 ✓ Cheese Stick • BBQ Meatballs Grilled Beef Pattie • Potato Casserole • Green Beans • Wheat Roll • Salad • Fresh Veggies • Fresh Fruit • Pineapple • Milk	January 20, 2017 ✓ Cheese Stick ~ ✓ Crackers • Chicken Quesadilla Hamburger • Chips & Black Bean Salsa • Peas & Carrots • Salad • Fresh Veggies • Fresh Fruit • Pears • Milk
January 23, 2017 ✓ Cheese Stick ~ ✓ Crackers • Burrito w/ Cheese Sauce Breaded Chicken Sandwich • Corn • Salad • Fresh Veggies • Fresh Fruit • Pineapple Chunks • Milk	January 24, 2017 ✓ Cheese Stick ~ ✓ Crackers • BBQ Rib Sandwich Fish Sandwich • Baked Beans • Tri Tator • Salad • Fresh Veggies • Fresh Fruit • Pears • Milk	January 25, 2017 ✓ Cheese Stick • Biscuit & Gravy • Sausage Links OR Egg Casserole w/Salsa • Hashbrown Potato Pattie • Salad • Fresh Veggies • Fresh Fruit • Fruit Cup • Milk <div style="position: absolute; top: 50px; left: 50px; font-size: 0.8em; opacity: 0.5;">Breakfast for Lunch</div>	January 26, 2017 ✓ Cheese Stick ~ ✓ Crackers • Fiesta Chicken Pasta Hamburger • Green Beans • Salad • Fresh Veggies • Fresh Fruit • Peaches • Cookie • Milk	January 27, 2017 ✓ Cheese Stick ~ ✓ Crackers • Turkey & Cheese Wrap Corndog • Tri Tator • Peas • Lettuce/Tomato • Salad • Fresh Veggies • Fresh Fruit • Grapes • Pumpkin Bars • Milk
January 30, 2017 ✓ Cheese Stick • Breaded Chicken Drum Beef Fingers • Seasoned Rice • Whole Wheat Roll • Steamed Broccoli • Salad • Fresh Veggies • Fresh Fruit • Rosey Applesauce • Milk	January 31, 2017 ✓ Cheese Stick ~ ✓ Crackers • Spaghetti W/ Meat Sauce Grilled Beef Pattie Garlic Roll • Corn • Salad • Fresh Veggies • Fresh Fruit • Peaches • Milk	February 1, 2017 ✓ Cheese Stick ~ ✓ Crackers • Hot Dog Breaded Chicken Sandwich • Baked Beans • Seasoned Potatoes • Salad • Fresh Veggies • Fresh Fruit • Pears • Milk	February 2, 2017 ✓ Cheese Stick • Baked Ham Grilled Chicken • Sweet Potatoes • Wheat Roll • Green Beans • Salad • Fresh Veggies • Fresh Fruit • Pineapple Chunks Fresh Fruit ~ • Milk	February 3, 2017 ✓ Cheese Stick ~ ✓ Crackers • Hamburger • Lettuce/Tomato Fish Sandwich • Tri Tator • Peas • Salad • Fresh Veggies • Fresh Fruit • Milk • Applesauce
February 6, 2017 ✓ Cheese Stick ~ ✓ Crackers • Chicken Sandwich Hamburger • Cheezy Potatoes • Lettuce/Tomato • Salad • Fresh Veggies • Fresh Fruit • Dill Spear • Peaches • Milk	February 7, 2017 ✓ Cheese Stick • Nachos & Ground Beef BBQ Chicken Drums • Tortilla Chips Δ Wheat Roll • Refried Beans • Salad • Fresh Veggies • Fresh Fruit • Pears • Milk	February 8, 2017 ✓ Cheese Stick ~ ✓ Crackers • Cheese Pizza Burrito • Peas & Carrots • Salad • Fresh Veggies • Fresh Fruit • Pineapple • Milk	February 9, 2017 ✓ Cheese Stick ~ ✓ Crackers • Chicken & Noodles Grilled Beef Pattie • Mashed Potatoes • Wheat Roll • Green Beans • Salad • Fresh Veggies • Fresh Fruit • Strawberries & Bananas • Milk	February 10, 2017 ✓ Cheese Stick ~ ✓ Crackers • Ham & Cheese Sandwich Fish Sandwich • Tri Tator • Salad • Fresh Veggies • Fresh Fruit • Grapes • Apple Crisp • Milk

This institution is an equal opportunity provider

**USD 484 - Fredonia Schools
2016-2017
Lunch Menu**

• Items available @ All buildings/ √ Items available @ Lincoln Only/ Δ Items available @ HS Only

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 13, 2017	February 14, 2017	February 15, 2017	February 16, 2017	February 17, 2017
	<ul style="list-style-type: none"> √ Cheese Stick • Chicken Tetrazzini Grilled Beef Pattie • Wheat Roll • Steamed Broccoli • Salad • Fresh Veggies • Fresh Fruit • Peaches • Milk 	<ul style="list-style-type: none"> √ Cheese Stick ~ √ Crackers • Chili/Cheese over Tortilla Chips Chicken Fillet Corn • Salad • Fresh Veggies • Fresh Fruit • Applesauce • Cinnamon Puff • Milk 	<ul style="list-style-type: none"> √ Cheese Stick • Lasagna BBQ Rib • Mixed Vegetables • Garlic Roll • Salad • Fresh Veggies • Fresh Fruit • Pineapple & Bananas • Milk 	<ul style="list-style-type: none"> √ Cheese Stick ~ √ Crackers • Corn Dog Macaroni & Cheese • Seasoned Potatoes • Green Beans • Salad • Fresh Veggies • Fresh Fruit • Pears • Milk
February 20, 2017	February 21, 2017	February 22, 2017	February 23, 2017	February 24, 2017
<ul style="list-style-type: none"> √ Cheese Stick ~ √ Crackers • BBQ Pulled Pork Sandwich Turkey & Cheese Sandwich • Tri Tator • Baked Beans • Salad • Fresh Veggies • Fresh Fruit • Peaches • Milk 	<ul style="list-style-type: none"> √ Cheese Stick • Taco Crunch/Cheese & Salsa Grilled Beef Pattie • Refried Beans • Salad • Fresh Veggies • Fresh Fruit • Cinnamon Puff • Pineapple • Milk 	<ul style="list-style-type: none"> √ Cheese Stick ~ √ Crackers • Macaroni & Cheese Hot Dog • Peas • Salad • Fresh Veggies • Fresh Fruit • Strawberries & Bananas • Milk 	<ul style="list-style-type: none"> √ Cheese Stick • Chicken Nuggets Vegetable Beef Soup • Mashed Potatoes/Gravy • Green Beans • Wheat Roll • Salad • Fresh Veggies • Fresh Fruit • Pears • Milk 	
February 27, 2017	February 28, 2017	March 1, 2017	March 2, 2017	March 3, 2017
<ul style="list-style-type: none"> √ Cheese Stick • Taco Soup Grilled Chicken • Salad • Fresh Veggies • Fresh Fruit • Cinnamon Roll • Peaches • Milk 	<ul style="list-style-type: none"> √ Cheese Stick ~ √ Crackers • Pig In A Blanket Turkey & Cheese Hoagie • Tri Tator • Coleslaw • Baked Beans • Salad • Fresh Veggies • Fresh Fruit • Applesauce Δ Muffin • Milk 	<ul style="list-style-type: none"> √ Cheese Stick √ Crackers • Cheese Pizza Burrito • Peas & Carrots • Salad • Fresh Veggies • Fresh Fruit • Pineapple • Milk <div align="center" data-bbox="1066 841 1178 976"></div>	<ul style="list-style-type: none"> √ Cheese Stick • BBQ Meatballs Grilled Beef Pattie • Potato Casserole • Green Beans • Wheat Roll • Salad • Fresh Veggies • Fresh Fruit • Pineapple • Milk 	
March 6, 2017	March 7, 2017	March 8, 2017	March 8, 2017	March 10, 2017
<ul style="list-style-type: none"> √ Cheese Stick ~ √ Crackers • Burrito Breaded Chicken Sandwich • Corn • Cheese Sauce • Salad • Fresh Veggies • Fresh Fruit • Pineapple Chunks • Milk 	<ul style="list-style-type: none"> √ Cheese Stick ~ √ Crackers • BBQ Rib Sandwich Fish Sandwich • Baked Beans • Tri Tator • Salad • Fresh Veggies • Fresh Fruit • Pears • Milk 	<ul style="list-style-type: none"> √ Cheese Stick • Biscuit & Gravy • Sausage Links OR Egg Casserole w/Salsa • Hashbrown Potato Pattie • Salad • Fresh Veggies • Fresh Fruit • Fruit Cup • Milk <div align="center" data-bbox="1094 1149 1205 1219"></div>	<ul style="list-style-type: none"> √ Cheese Stick ~ √ Crackers • Fiesta Chicken Pasta Hamburger • Green Beans • Salad • Fresh Veggies • Fresh Fruit • Peaches • Cookie • Milk 	<ul style="list-style-type: none"> √ Cheese Stick ~ √ Crackers • Turkey & Cheese Wrap Corndog • Tri Tator • Peas • Lettuce/Tomato • Salad • Fresh Veggies • Fresh Fruit • Grapes • Pumpkin Bars • Milk

This institution is an equal opportunity provider

**USD 484 - Fredonia Schools
2016-2017
Lunch Menu**

• Items available @ All buildings/ ✓ Items available @ Lincoln Only/ Δ Items available @ HS Only

MONDAY	Tuesday	Wednesday	Thursday	FRIDAY
March 13, 2017	March 14, 2017	March 15, 2017	March 16, 2017	March 17, 2017
<ul style="list-style-type: none"> ✓ Cheese Stick • Breaded Chicken Drum Beef Fingers • Seasoned Rice • Whole Wheat Roll • Steamed Broccoli • Salad • Fresh Veggies • Fresh Fruit • Rosey Applesauce • Milk 	<ul style="list-style-type: none"> ✓ Cheese Stick ~ ✓ Crackers • Hot Dog • Breaded Chicken Sandwich • Baked Beans • Tri Tator • Salad • Fresh Veggies • Fresh Fruit • Pears • Milk 	<ul style="list-style-type: none"> ✓ Cheese Stick • Baked Ham • Grilled Chicken • Sweet Potatoes • Wheat Roll • Green Beans • Salad • Fresh Veggies • Fresh Fruit • Pineapple Chunks • Fresh Fruit ~ • Milk 	<ul style="list-style-type: none"> ✓ Cheese Stick ~ ✓ Crackers • Hamburger • Lettuce/Tomato Fish Sandwich • Tri Tator • Peas • Salad • Fresh Veggies • Fresh Fruit • Milk • Applesauce 	<p><i>NO SCHOOL TODAY</i></p>
March 20, 2017	March 21, 2017	March 22, 2017	March 23, 2017	March 24, 2017
March 27, 2017	March 28, 2017	March 29, 2017	March 30, 2017	March 31, 2017
<ul style="list-style-type: none"> ✓ Cheese Stick ~ ✓ Crackers • Chicken Sandwich • Hamburger • Cheezy Potatoes • Lettuce/Tomato • Salad • Fresh Veggies • Fresh Fruit • Dill Spear • Peaches • Milk 	<ul style="list-style-type: none"> ✓ Cheese Stick • Nachos & Ground Beef • BBQ Chicken Drums • Tortilla Chips Δ Wheat Roll • Refried Beans • Salad • Fresh Veggies • Fresh Fruit • Pears • Milk 	<ul style="list-style-type: none"> ✓ Cheese Stick ~ ✓ Crackers • Pepperoni Pizza • Burrito • Peas & Carrots • Salad • Fresh Veggies • Fresh Fruit • Pineapple • Milk 	<ul style="list-style-type: none"> ✓ Cheese Stick ~ ✓ Crackers • Chicken & Noodles • Grilled Beef Pattie • Mashed Potatoes • Wheat Roll • Green Beans • Salad • Fresh Veggies • Fresh Fruit • Strawberries & Bananas • Milk 	<ul style="list-style-type: none"> ✓ Cheese Stick ~ ✓ Crackers • Ham & Cheese Sandwich • Corndog • Tri Tator • Salad • Fresh Veggies • Fresh Fruit • Grapes • Apple Crisp • Milk
April 3, 2017	April 4, 2017	April 5, 2017	April 6, 2017	April 7, 2017
<ul style="list-style-type: none"> ✓ Cheese Stick ~ ✓ Crackers • Chicken Wrap • & ranch dressing • Fish Portion • Refried Beans • Salad • Fresh Veggies • Fresh Fruit • Pineapple • Milk 	<ul style="list-style-type: none"> ✓ Cheese Stick ~ ✓ Crackers • Chicken Tetrazzini • Grilled Beef Pattie • Wheat Roll • Steamed Broccoli • Salad • Fresh Veggies • Fresh Fruit • Peaches • Milk 	<ul style="list-style-type: none"> ✓ Cheese Stick ~ ✓ Crackers • Chili/Cheese over Tortilla Chips • Chicken Fillet • Corn • Salad • Fresh Veggies • Fresh Fruit • Applesauce • Cinnamon Puff • Milk 	<ul style="list-style-type: none"> ✓ Cheese Stick • Lasagna • BBQ Rib • Mixed Vegetables • Garlic Roll • Salad • Fresh Veggies • Fresh Fruit • Pineapple & Bananas • Milk 	<ul style="list-style-type: none"> ✓ Cheese Stick ~ ✓ Crackers • Corn Dog • Macaroni & Cheese • Seasoned Potatoes • Green Beans • Salad • Fresh Veggies • Fresh Fruit • Pears • Milk

This institution is an equal opportunity provider